# Family Practice and Counseling Network / RHD, Inc.

## JOB TITLE: Pediatric Behavioral Health Consultant

#### **MINIMUM QUALIFICATIONS:**

- Excellent working knowledge of behavioral medicine and evidence-based treatments for medical and mental health conditions.
- Ability to work with a culturally diverse population
- Ability to make quick and accurate clinical assessments of mental and behavioral health conditions via brief patient contact.
- High level of comfort in working with primary care medical providers using a consultative style.
- Good knowledge of psycho-pharmacology.
- Ability to design and implement clinical pathways and protocols for treatment of selected mental and behavioral health conditions.
- Ability to design effective psycho-education curricula and lead effective psych education classes.
- Ability to work effectively as a team, interfacing with patients, primary care providers, behavioral health staff, as well as with administrative and support staff.
- Ability to exercise balanced judgment in evaluating situations and making decisions, and to handle difficult or confrontational situations in a calm, consistent, and equitable manner
- Ability to effectively represent health center's interests in the community and maintain effective working relationships among co-workers, public, private, and professional groups.
- Ability to read, analyze, and interpret general business periodicals, professional journals, technical procedures, or governmental regulations.
- Knowledge of child development stages and age appropriate behavioral health development

# **EDUCATION and/or EXPERIENCE:**

Masters in Social Work or Ph.D. in Psychology

# **CERTIFICATES, LICENSES, REGISTRATIONS:**

Current Pennsylvania licensure as a Licensed Clinical Social Worker or Licensed Clinical Psychologist.

### **PRIMARY FUNCTION:**

The Pediatric Behavioral Health Consultant functions as part of the primary care treatment team. The PBHC identifies, triages and supports pediatric patients and their families who are struggling with medical and behavioral health barriers. It is the role of the PBHC to advocate for all patients/caregivers and to connect families to community resources as needed. The PBHC will administer screenings and assessment tools to identify developmental, psychosocial and psychological struggles. The PBHC will serve as a member of the prenatal/well-child team and will work to develop specific behavioral change plans for patients.

#### PRIMARY RESPONSIBILITIES AND TASKS:

- 1. Brief Consultations Assist primary health care providers in recognizing and treating mental disorders and psychosocial struggles.
  Assess the clinical status of pediatric patients referred by primary care providers.
  Well-child assessment works collaboratively with providers in all well-child visits.
  Ability to co-facilitate prenatal/well-child groups in collaboration with Nurse Practitioners, Midwives, pediatric patients and their primary caregivers.
- 2. Charting Utilize electronic medical record to document all pediatric patient/caregiver interactions, as well as other electronic tracking tools and measures. Assist with the tracking and evaluation of programs.
- 3. Clinical Supervision Participate in supervision with designated Clinical Supervisor. Participate in team meetings, case conferences, and interdisciplinary work groups as scheduled.
- **4. Crisis Intervention** Be immediately available to staff during working hours in the event of a psychiatric emergency.
- 5. Coordination of Care Work with primary care team to treat and manage patients with chronic emotional and/or health problems efficiently and effectively.

  Facilitate prenatal groups and function as a part of the prenatal/well-child team.

  Work with primary care provider to refer cases to mental health specialists as appropriate.

Assist in the proactive detection of "at risk" pediatric patients and develop plans to prevent further psychological or physical deterioration.

Provide care coordination and follow up for "at risk" pediatric patients and families.

Refer pediatric patients and families to additional services as needed.

Monitor emergency room discharge summaries and follow up with patients/caregivers.

Work closely with the PCC at the site to identify at risk pediatric patients and collaboratively decide on adequate support plans.

Assist in groups for various pediatric care initiatives.

Provide options counseling and referral to prenatal care as needed.

- 6. Productivity- Meet productivity standards as established by the corporation.
- 7. Member of Family Practice & Counseling Network's Multi-disciplinary Team- Attend and participate in meetings and Quality Improvement activities as required. Respond to patient or co-worker complaints and work toward a positive resolution of any dispute.

Serve as a member of site committees as requested.

Participate in evaluation of peers and support staff.

8. Any other duties assigned by supervisor

Speaking and hearing sufficient to communicate effectively by phone or in person, at normal volumes.	
Vision adequate to read correspondence, computer screen,	, forms, etc.
WORKING CONDITIONS: Shared office space	
HAZARDS: May be exposed to communicable diseases	
REPORTS TO: Director of Integrated Behavioral Health	
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Director of Integrated Behavioral Health	Employee
EFFECTIVE DATE:	

**PHYSICAL DEMANDS:**