

## Lynn Larson DeBar, PhD, MPH

### Contact Information:

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### Professional Experience:

*Senior Investigator*, Kaiser Permanente Washington Health Research Institute, Seattle, Washington (2017-present)

*Affiliate Professor*, Department of Psychiatry and Behavioral Sciences, University of Washington Medical School (2018-present)

*Affiliate Investigator*, Center for Health Research, Kaiser Permanente Northwest, Portland, Oregon (2017-present)

*Senior Investigator / Assistant Program Director*, Center for Health Research, Kaiser Permanente Northwest, Portland, Oregon (2012-2017)

*Investigator*, Center for Health Research, Kaiser Permanente Northwest, Portland, OR. (2002–2012)

*Senior Research Associate*. (1999–2002)

*NRSA Post-Doctoral Fellow*, Oregon Health & Science University, and Center for Health Research, Kaiser Permanente Northwest, Portland, OR. (1997–1999)

*Affiliate Assistant Professor*, Department of Public Health and Preventive Medicine, Oregon Health and Sciences University (2003-2017)

*Adjunct Assistant Professor*, Department of Psychology, Washington State University at Vancouver (1993–2001)

*Clinical Instructor*, Departments of Medical Psychology, Behavioral Neurosciences and Psychiatry, Oregon Health & Science University (1994–1997)

*Staff Psychologist*, Portland Veterans Affairs Medical Center (VAMC) (1994–1997)

*Post-Doctoral Fellow*, Behavioral Medicine Clinic, Portland VAMC (1994)

*Pre-Doctoral Intern*, Portland VAMC (1992–1993)

### Education, Training, Licensure:

1995–present	Oregon Psychologist License #1206
2000	MPH, Biostatistics/Epidemiology, Oregon Health & Science University, Portland, OR
1994	PhD, Clinical/Health Psychology, Yale University, New Haven, CT
1986	BA, Physiology/Psychology (Double Major), Summa cum laude, University of California, San Diego, CA

**Honors and Awards:**

New Investigator Awardee, NCDEU Annual Conference, Boca Raton, Florida, 2000  
Henry A. Murray Dissertation Award, Radcliffe College, 1992  
Yale University Dissertation Fellowship, 1992; Yale University Graduate Fellowship, 1988–1991  
University of California Regents Academic Scholarship, 1981

**Professional Service:**

External Grant Reviews

2006-2011 Reviewer, NIH Psychological Risk and Disease Prevention (PRDP), Risk Prevention and Health Behavior IRG

2011 Reviewer, NIH Adult Psychopathology and Disorders of Aging Study Section, Special Emphasis Panel (ZG1 BBBBP-V): Biobehavioral and Behavioral Processes, Division of Aids, Behavioral and Population Sciences

2013 Reviewer, NIH Fellowships (ZRG1 F16-L (20))

2013 Reviewer, NIH Special Emphasis Panel (ZRG1 RPHB-S) Basic Social and Behavioral Research on the Social, Cultural, Biological, and Psychological Mechanisms of Stigma

2014 Reviewer, NIH National Center for Complementary and Integrative Health, PK29 Center Grants and ZAT1-PK31

2014 Reviewer, PCORI, Large Pragmatic Trials Review

2016 Reviewer, NIH National Center for Complementary and Integrative Health, Mind Body Projects (ZAT1 HS-25)

Other Professional Service

2017-current Advisory Board, National Center for Complementary and Integrative Health

2000-current Ad Hoc Journal Reviewer: Pain, Pain Medicine, Translational Behavioral Medicine, Pediatrics, International Journal of Behavioral Nutrition & Physical Activity, Behavior Research and Therapy, Contemporary Clinical Trials

2015-2016 Member of PCORI Expert Roundtable on Chronic Pain and Opioids

**Publications:**

Refereed articles

1. Owen-Smith A, Ahmedani BK, Peterson E, Simon GE, Rossom RC, Lynch F, Lu CY, Waitzfelder BE, Beck A, **DeBar L**, Sanon V, Maaz Y, Khan S, Miller-Matero LR, Prabhaker D, Frank C, Drake CL, & Braciszewski J. The mediating effect of sleep disturbance on the relationship between non-malignant chronic pain and suicide death. *Pain Practice* 2018 Epub ahead of print. PMID: 30462885
2. Lynch F, Dickerson JF, Clarke G, Beardslee W, Weersing VR, Gladstone TRG, Porta G, Brent D, Mark TL, **DeBar L**, Hollon SD, & Garber J. Cost-Effectiveness of Preventing Depression in At-Risk Adolescents: Post-Intervention and Two-year Follow-up. *Psychiatric Services*, in press.

**Publications continued:**

3. Kroenke K, Krebs E, Turk D, Von Korff M, Bair M, Allen K, Sanbrink F, Cheville A, **DeBar L**, Lorenz K, & Kerns R. Core outcome measures for chronic musculoskeletal pain research: Recommendations from a Veterans Health Administration Work Group. *Pain Medicine*, in press.
4. Dalhamer J, Lucas J, Zelaya C, Nahin R, Mackey S, **DeBar L**, Kerns R, Von Korff M, Porter L, Helmick C. Prevalence of chronic pain and high-impact chronic pain among adults – United States, 2016. *MMWR Morb Mortal Wkly Rep*. 2018 67(36): 1001-1006. PMID: 30212442
5. Smith DH, Kuntz J, **DeBar L**, Mesa J, Yang X, Boardman D, Schneider J. A qualitative study to develop materials educating patients about opioid use before and after total hip or total knee arthroplasty. *Journal of Opioid Management* 2018 14(3): 183-190 PMID: 3004483
6. Elder C, **DeBar L**, Ritenbaugh C, Dickerson J, Vollmer WM, Deyo RA, Johnson ES, Haas M. Comparative effectiveness of usual care with or without chiropractic care in patients with recurrent musculoskeletal back and neck pain. *J Gen Intern Med*. 2018 33(9): 1469-1477. PMID: 29943109
7. Smith DH, Kuntz J, **DeBar L**, Yang X, Schneider J, Petrik A, Reese K, Thorsness L, Boardman D, & Johnson ES. A randomized, pragmatic, pharmacist-led intervention reduced opioids following orthopaedic surgery. *American Journal of Managed Care* 2018 (24(11): 300-306
8. **DeBar L**, Benes L, Bonifay A, Deyo RA, Elder CR, Keefe FJ, Leo MC, McMullen C, Mayhew M, Owen-Smith A, Smith DH, Trinacty CM, Vollmer WM. Interdisciplinary team-based care for patients with chronic pain on long term opioid treatment in primary care (PPACT) – Protocol for a pragmatic cluster randomized trial. *Contemporary Clinical Trials* 2018 67: 91-99 PMID: 29522897
9. Owen-Smith A, Mayhew M, Leo MC, Varga A, Benes L, Bonifay A, **DeBar L**. Automating collection of pain-related patient reported outcomes to enhance clinical care and research. *Journal of General Internal Medicine* 2018; 33(Suppl 1): 31-37. PMID: 29633139.
10. Becker WC, **DeBar LL**, Heapy AA, Higgins D, Krein SL, Lisi A, Makris UE, Allen KD. A research agenda for advancing non-pharmacological management of chronic musculoskeletal pain: Findings from a VHA state of the art conference. *Journal of General Internal Medicine* 2018 2018; 33(Suppl 1): 11-15. PMID: 29633136.
11. Kligler B, Bair MJ, Banerjea R, **DeBar L**, Ezeji-Okoye S, Lisi A, Murphy JL, Sandbrink F, Cherkin DC. Clinical policy recommendations from the VHA state of the art conference on non-pharmacological approaches to chronic musculoskeletal pain. *Journal of General Internal Medicine* 2018 2018; 33(Suppl 1): 16-23. PMID: 29633133.
12. Dickerson JF, Lynch FL, Leo MC, **DeBar LL**, Pearson J, Clarke GN. Cost-Effectiveness of Cognitive Behavioral Therapy for Depressed Youth Declining Antidepressants. *Pediatrics*. 2018 141: e20171969, PMID: 29351965.

**Publications continued:**

13. Locklear T, DeBar LL, Willig J, Rundell S, Blackhall L, Zatzick D, Staman K Bhavsar N, Weinfurt K, Abernethy AP. Case studies from the clinic: Initiating and implementing patient-reported outcome measures. *EGEMS* 2017 5(1): 7. PMID: 29930956
14. Simon GE, Coronado G, **DeBar LL**, Dember LM, Green BB, Huang SS, Jarvik JG, Mor V, Ramsberg J, Septimus EJ, Staman KL, Vazquez MA, Vollmer WM, Zatzick D, Hernandez AF, Platt R. Data sharing and embedded research. *Ann Intern Med*. 2017 Oct 3. [Epub ahead of print] PMID: 28973353.
15. Hildebrandt T, Michaelides A, Mackinnon D, Greif R, **DeBar L**, Sysko R. Randomized controlled trial comparing smartphone assisted versus traditional guided self-help for adults with binge eating. *Int J Eat Disord*. 2017 50(11): 1313-1322 PMID: 28960384.
16. Weinfurt KP, Hernandez AF, Coronado GD, **DeBar LL**, Dember LM, Green BB, Heagerty PJ, Huang SS, James KT, Jarvik JG, Larson EB, Mor V, Platt R, Rosenthal GE, Septimus EJ, Simon GE, Staman KL, Sugarman J, Vazquez M, Zatzick D, Curtis LH. Pragmatic clinical trials embedded in healthcare systems: generalizable lessons from the NIH Collaboratory. *BMC Med Res Methodol*. 2017 Sep 18;17(1):144. PMID: 28923013.
17. Elder CR, **DeBar LL**, Ritenbaugh C, Rumptz MH, Patterson C, Bonifay A, Cowan P, Lancaster L, Deyo RA. Health care systems support to enhance patient-centered care: Lessons from a primary care-based chronic pain management initiative. *Perm J*. 2017; 21. PMID: 28406791.
18. Penney LS, Ritenbaugh C, **DeBar LL**, Elder C, Deyo RA. Provider and patient perspectives on opioids and alternative treatments for managing chronic pain: a qualitative study. *BMC Fam Pract* 2017 17(1): 165. PMID: 28403822.
19. Johnson ES, Dickerson JF, Vollmer WM, Rowley AM, Ritenbaugh C, Deyo RA, **DeBar L**. The feasibility of matching on a propensity score for acupuncture in a prospective cohort study of patients with chronic pain. *BMC Med Res Methodol*. 2017 17(1):42. PMID: 28302054.
20. Clarke G, **DeBar L**, Pearson J, Dickerson J, Lynch F, Gullion C, Leo M. Brief primary care cognitive behavioral therapy for depressed adolescents who decline pharmacotherapy: A randomized clinical trial. *Pediatrics*. 2016 137(5). PMID: 27244782
21. Penney LS, Ritenbaugh C, Elder C, Schneider J, Deyo RA, **DeBar LL**. Primary care physicians, acupuncture and chiropractic clinicians, and chronic pain patients: a qualitative analysis of communication and care coordination patterns. *BMC Complement Altern Med* 2016 Jan 25. [Epub 2016 Jan 25] PMID: PMC4727288
22. Larson EB, Tachibana C, Thompson E, Coronado GD, **DeBar LL**, Dember LM, Honda S, Huang SS, Jarvik JG, Nelson C, Septimus E, Simon G, Johnson KE. Trials without tribulations: Minimizing the burden of pragmatic research on healthcare systems. *Healthcare* 2015 July. [Epub 2015 July] PMID: 28923013

**Publications continued:**

23. Elder C, **DeBar LL**, Ritenbaugh C, Vollmer WM, Deyo R, Dickerson J, Kindler LL. Acupuncture and chiropractic care: utilization and electronic medical record capture. *Am J Manag Care* 2015 Jul 1;21(7):e414-21. PMID: 26295269
24. Raebel MA, Newcomer SR, Bayliss EA, Boudreau D, **Debar LL**, Elliott TE, Ahmed AT, Pawloski PA, Fisher D, Toh S, Donahoo WT. Chronic opioid use emerging after bariatric surgery. *Pharmacoepidemiol Drug Saf* 2014 Dec;23(12):1247-57. [Epub 2014 Apr 14] PMID: 24733580
25. Bussing R, Narwaney KJ, Winterstein A, Newton DA, **DeBar LL**, Boscarino JA, Toh S, Pawloski P, Nordin JD, Herrinton LJ, Mason D, Daley MF. Pharmacotherapy for incident attention-deficit/hyperactivity disorder: Practice patterns and quality metrics. *Curr Med Res Opin* 2014 Aug;30(8):1687-99. [Epub 2014 Apr 7] PMID: 24635013
26. Jago R, Drews KL, Otvos JD, Foster GD, Marcus MD, Buse JB, Mietus-Snyder M, Willi SM; **HEALTHY Study Group**. Effect of relative weight group change on nuclear magnetic resonance spectroscopy derived lipoprotein particle size and concentrations among adolescents. *J Pediatr* 2014 May;164(5):1091-1098.e3. [Epub 2014 Feb 5] PMID: 24510475
27. Daley MF, Newton DA, **DeBar LL**, Newcomer SR, Pieper L, Boscarino JA, Toh S, Pawloski P, Nordin JD, Nakasato C, Herrinton LJ, Bussing R. Accuracy of electronic health record- derived data for the identification of incident Attention-Deficit/Hyperactivity Disorder (ADHD). *J Atten Disord* 2014 Feb 7. [Epub 2014 Feb 7] PMID: 24510475
28. Beardslee WR, Brent DA, Weersing VR, Clarke GN, Porta G, Hollon SD, Gladston TR, Gallop R, Lynch FL, Iyengar S, **DeBar LL**, Garber J. Prevention of depression in at-risk adolescents: Longer-term effects. *JAMA Psychiatry* 2013 Nov;70(11):1161-70. [Epub 2013 Sep 4] PMID: 24111119
29. Raebel MA, Newcomer SR, Reifler LM, Boudreau D, Elliott TE, **DeBar LL**, Ahmed A, Pawloski PA, Fisher D, Donahoo WT, Bayliss EA. Chronic use of opioid medications before and after bariatric surgery. *JAMA* 2013 Oct 2;310(13):1369-1376.
30. Lindberg NM, Stevens VJ, Elder C, Funk K, **DeBar LL**. Use of alternative medicine for weight loss among Mexican-American women. *Journal of Immigrant and Minority Health* 2013 Oct;15(5):982-985. [Epub 2012 Jul 7] PMID: 23604092
31. Raebel M, Newcomer S, Boudreau D, Elliott T, **DeBar LL**, Ahmed A, Bayliss E. PS3-54: Effect of bariatric surgery on chronic use of opioid medications. *Clin Med Res* 2013 Sep;11(3):175. PMID: 24788554
32. Mietus-Snyder M, Drews KL, Otvos JD, Willi SM, Foster GD, Jago R, Buse JB; **HEALTHY Study Group**. Low-density lipoprotein cholesterol versus particle number in middle school children. *J Pediatr* 2013 Aug ;163(2):355-62 [Epub 2013 Feb 14] PMID: 23659184

**Publications continued:**

33. Schneider M, **DeBar LL**, Calingo A, Hall W, Hindes K, Sleigh A, Thompson D, Volpe SL, Zeveloff A, Pham T, Steckler A. The effect of a communications campaign on middle school students' nutrition and physical activity: Results of the HEALTHY study. *J Health Commun* 2013 Jun;18(6):649-67. [Epub 2013 Feb 14] PMID: PMC3669645
34. **DeBar LL**, Wilson GT, Yarborough BJ, Burns B, Oyler B, Hildebrandt T, Clarke GN, Dickerson J, Striegel RH. Cognitive behavioral treatment for recurrent binge eating in adolescent girls: A pilot trial. *Cogn Behav Pract* 2013 May 1;20(2):147-161. PMID: PMC3640565
35. Yarborough BJ, **DeBar LL**, Firemark A, Leung S, Clarke G, Wilson GT. Tailoring cognitive behavioral treatment for binge eating in adolescent girls. *Cogn Behav Pract* 2013 May;20(2):162-170. NIHMS401260
36. Elder C, **DeBar L**, Funk K, Vollmer W, Lindberg N, Ritenbaugh C, Meltesen G, Gallison C, Stevens V. Adherence to and satisfaction with the self-acupressure intervention in the LIFE Weight Loss Maintenance Study. *Medical Acupuncture* February 2013; 25(1):43-47. NIHMS416068
37. Mietus-Snyder M, Drews KL, Otvos JD, Willi SM, Foster GD, Jago R, Buse JB; **HEALTHY Study Group**. Low-density lipoprotein cholesterol versus particle number in middle school children. *J Pediatr* 2013 Aug;163(2):355-62 [Epub 2013 Feb 14] PMID: PMC3659184
38. **DeBar LL**, Wilson GT, Yarborough BJ, Burns B, Oyler B, Hilderbrandt T, Clarke GN, Dickerson J, Striegel RH. Cognitive behavioral treatment for recurrent binge eating in adolescent girls: A pilot trial. *Cogn Behav Pract* 2013 May 1;20(2):147-161. PMID: PMC3640565
39. Schneider M, **DeBar L**, Calingo A, Hall W, Hindes K, Sleigh A, Thompson D, Volpe SL, Zeveloff A, Pham T, Steckler A. The effect of a communications campaign on middle school students' nutrition and physical activity: results of the HEALTHY study. *J Health Commun* 2013;18(6):649-67. [Epub 2013 Feb 14]. PMID: PMC3669645
40. **DeBar LL**, Kindler L, Keefe FJ, Green CA, Smith DH, Deyo RA, Ames K, Feldstein A. A primary care-based interdisciplinary team approach to the treatment of chronic pain utilizing a pragmatic clinical trials framework. *Transl Behav Med* 2012 Dec 1;2(4):523-30 [Epub 2012 Aug 20]. PMID: PMC3578318
41. Yarborough BJ, **DeBar LL**, Wu P, Pearson J, Stevens VJ. Responding to pediatric providers' perceived barriers to adolescent weight management. *Clin Pediatr* 2012 Nov;51(11):1063-70 [Epub 2012 Sept 10]. PMID: PMC3628808
42. Elder CR, Gullion CM, **DeBar LL**, Funk KL, Lindberg NM, Ritenbaugh C, Meltesen G, Gallison C Stevens VJ. Randomized trial of Tapas Acupressure Technique for weight loss maintenance. *BMC Complement Altern Med* 2012 Mar 15; 12(1):19. PMID: PMC3375195

**Publications continued:**

43. **DeBar LL**, Stevens VJ, Yarborough BJ, Perrin N, Dickerson J, Pearson J, Wu P, Lynch F. A primary care-based multi-component lifestyle intervention for overweight adolescent females. *Pediatrics* 2012 Mar; 129(3):e611-20. [Epub 2012 Feb 13] PMCID: PMC3289521
44. Funk K, Elder C, Lindberg N, Gullion C, **DeBar L**, Meltesen G, Stevens V. Comparison of characteristics and outcomes by initial study contact (website versus staff) for participants enrolled in a weight-management study. *ClinTrials* 2012 Apr; 9(2):226-31. [Epub 2012 Jan 24] PMCID: PMC3489157
45. Clarke G, Dickerson J, Gullion CM, **DeBar LL**. Trends in youth antidepressant dispensing and refill limits, 2000 through 2009. *J Child Adolesc Psychopharmacol* 2012 Feb; 22(1):11-20. [Epub 2012 Jan 17] PMID: 22251026
46. Mobley CC, Stadler DD, Staten MA, El Ghormli L, Gillis B, Hartstein J, Siega-Riz AM, Virus A, **HEALTHY Study Group**. Effect of nutrition changes on foods selected by students in a middle school-based diabetes prevention intervention program: the HEALTHY experience. *J Sch Health* 2012 Feb;82(2):82-90.
47. Elder CR, Gullion CM, Funk KL, **DeBar LL**, Lindberg NM, Stevens VJ. Impact of sleep, screen time, depression, and stress on weight change in the intensive weight loss phase of the LIFE study. *Int J Obes (Lond)* 2012 Jan;36(1):86-92. [Epub 2011 Mar 29] PMCID: PMC3136584
48. **DeBar L**, Elder C, Ritenbaugh C, Aickin A, Deyo R, Meenan RT, Dickerson J, Webster JA, Yarborough BJ. Acupuncture and chiropractic care for chronic pain in an integrated health plan: A mixed methods study. *BMC Complement Altern Med* 2011 Nov 25;11:118. PMCID: PMC3256110
49. **DeBar LL**, Schneider M, Drews KL, Ford EG, Stadler DD, Moe EL, White M, Hernandez AE, Solomon S, Jessup A, Venditti EM. Student public commitment in a school-based diabetes prevention. *BMC Public Health* 2011 Sep 20;11(1):711. PMCID: PMC3189889
50. Dickerson JF, **DeBar L**, Perrin NA, Lynch F, Wilson GT, Rosselli F, Kraemer HC, Striegel-Moore RH. Health-service use in women with binge eating disorders. *Int J Eat Disord* 2011 Sep;44(6):524-30. [Epub 2010 Oct 26] NIHMS475996
51. Harvey K, Rosselli F, Wilson GT, **DeBar LL**, Striegel-Moore RH. Eating patterns in patients with spectrum binge-eating disorder. *Int J Eat Disord* 2011 Jul;44(5):447-51. [Epub 2010 May 7] PMCID: PMC3113648
52. **DeBar L**, Striegel-Moore Rm, Wilson GT, Perrin N, Yarborough BJ, Dickerson J, Lynch FL, Rosselli F, Kraemer HC. Guided self-help treatment for recurrent binge eating: Replication and extension. *Psychiatr Serv* 2011 Apr;62(4):367-73. NIHMS549242

**Publications continued:**

53. Vitiello B, Emslie G, Clarke G, Wagner KD, Asarnow JR, Keller M, Birmaher B, Ryan N, Kennard B, Mayes T, **DeBar LL**, Lynch F, Dickerson J, Strober M, Suddath R, McCracken J, Spirito A, Onorato M, Zelazny J, Porta G, Iyengar S, Brent D. Long-term outcome of adolescent depression initially resistant to selective serotonin reuptake inhibitor treatment: a follow-up study of the TORDIA sample. *J Clin Psychiatry* 2011 Mar;72(3):388-96. PMID: PMC3070064
54. Lynch FL, Dickerson JF, Clarke G, Vitiello B, Porta G, Wagner KD, Emslie G, Asarnow JR, Keller M, Birmaher B, Ryan ND, Kenard B, Mayes T, **DeBar L**, McCracken JT, Strober M, Suddath R, Spirito A, Onorato M, Zelazny J, Iyengar S, Brent D. Incremental cost-effectiveness of combined therapy versus medication only for youth with SSRI resistant depression: Findings from the TORDIA trial. *Arch Gen Psychiatry* 2011 Mar;68(3):253-62. PMID: PMC3679348
55. Siega-Riz AM, El Ghormli L, Mobley CC, Gillis B, Stadler D, Hartstein J, Volpe SL, Virus A, Bridgman J; **HEALTHY Study Group**. The effects of the HEALTHY study intervention on middle school student dietary intakes. *Int J Behav Nutr Phys Act* 2011 Feb 4;8:7.
56. Marcus MD, Baranowski T, **DeBar LL**, Edelstein S, Kaufman FR, Schneider M, Siega-Riz AM, Staten MA, Virus A: HEALTHY Study Group. Severe obesity and selected risk factors in a sixth grade multi-racial cohort: The HEALTHY study. *J Adolesc Health* 2010 Dec; 47(6):604-7. [Epub 2010 Jun 29] PMID: PMC2993008
57. Striegel-Moore RH, Rosselli F, Wilson GT, Perrin N, Harvey K, **DeBar L**. Nocturnal eating: Association with binge eating, obesity, and psychological distress. *Int J Eat Disord*. 2010 Sep;43(6):520-6 [Epub 2009 Aug 25] PMID: PMC2891279
58. Foster GD, Linder B, Baranowski T, Cooper D, Goldberg L, Harrell JS, Kaufman F, Marcus MD, Trevino RP; **HEALTHY Study Group**. A school-based intervention for diabetes risk reduction. *N Engl J Med*.2010 Jul 29;363(5):443-53. [Epub 2010 Jun 27] PMID: PMC2924187
59. Striegel-Moore R, Wilson GT, **DeBar L**, Perrin N, Lynch FL, Rosselli F, Kraemer HC. Cognitive behavioral guided self-help for the treatment of recurrent binge eating. *J Consult Clin Psychol* 2010 Jun; 78(3):312-21. PMID: PMC2880824
60. Elder C, Gallison C, Lindberg N, **DeBar L**, Funk K, Ritenbaugh C, Stevens V. Randomized trial of Tapas acupressure for weight loss maintenance: Rationale and study design. *J Altern Complement Med* 2010 Jun; 16(6):683-90. PMID: PMC2922972
61. Emslie GJ, Mayes T, Porta G, Viitello B, Clarke G, Wagner KD, Asarnow JR, Spirito A, Birmaher B, Ryan N, Kennard B, **DeBar L**, McCracken J, Strober M, Zelazny J, Keller M, Iyengar S, Brent D. Treatment of resistant depression in adolescents in (TORDIA): week 24 outcomes. *Am J Psychiatry* 2010 Jul; 167(7):782-91 [Epub 2010 May 17] PMID: PMC3257891
62. Lynch FL, Striegel-Moore R, Dickerson J, Perrin N, **DeBar L**, Wilson GT, Kraemer HC. Cost-effectiveness of guided self-help treatment for recurrent binge eating. *J Consult Clin Psychol* 2010 Jun; 78(3):322-33. PMID: PMC2880825



**Publications continued:**

63. Striegel-Moore RH, Perrin N, **DeBar L**, Wilson GT, Rosselli F, Kraemer HC. Screening for binge eating disorders using the Patient Health Questionnaire in a community sample. *Int J Eat Disord*. 2010 May;43(4):337-43 [Epub 2009 May 7] PMID: PMC2851838
64. Brent D, Melhem N, Ferrell R, Emslie G, Wagner KD, Ryan N, Vitiello B, Birmaher B, Mayes T, Zelzny J, Onorato M, Devlin B, Clarke G, **DeBar L**, Keller M. Association of FKBP5 Polymorphisms with suicidal events in the Treatment of Resistant Depression in Adolescents (TORDIA) Study. *Am J Psychiatry* 2010 Feb; 167(2):190-7. [Epub 2009 Dec 15] PMID: PMC2887294
65. Brent DA, Emslie GJ, Clarke GN, Asarnow J, Spirito A, Ritz L, Vitiello B, Iyengar S, Birmaher B, Ryan ND, Zelazny J, Onorato M, Kennard B, Mayes TL, **DeBar LL**, McCracken JT, Strober M, Suddath R, Leonard H, Porta G, Keller MB. Predictors of spontaneous and systematically assessed suicidal adverse events in the treatment of SSRI-resistant depression in adolescents (TORDIA) study. *The American Journal Psychiatry* 2009 Apr;166(4):418-26. [Epub 2009 Feb 17] PMID: PMC19665098
66. Hirst K, Baranowski T, **DeBar L**, Foster G, Kennel P, Kaufman F, Linder B, Schneider M, Venditti E, Yin Z, STOPP-T2D Prevention Study Group. HEALTHY Study design, methods, and rationale: Moderating risk of Type 2 diabetes in multi-ethnic middle school students. *Int J Obes (Lond)*. 2009 Aug; 33 Supp 4:S4-20. PMID: PMC2782907
67. Wilson GT, Perrin NA, Rosselli F, Striegel-Moore RH, **DeBar LL**, Kraemer HC. Beliefs about eating and eating disorders. *Eat Disord* 2009; 10(3):157-60. PubMed PMID: 19665098; NIHMS3318
68. **DeBar L**, Schneider M, Ford E, Hernandez AE, Showell B, Drews K, Moe EL, Gillis B, Jessup N, Stadler D, White M, HEALTHY Study Group. Social marketing-based communications to integrate and support the HEALTHY study intervention. *Int J Obes* 2009; 33(S4):S52-S59. PMID: PMC2747750
69. Garber J, Clarke G, Weersing VR, Beardslee WR, Brent D, Gladstone T, **DeBar L**, Lynch F, D'Angelo E, Hollon SD, Shamseddeen W, Iyengar S. Prevention of depression in at-risk adolescents: A randomized controlled trial. *JAMA* 2009; 301(21):2215-24. PMID: PMC2737625
70. **DeBar L**, Yarborough BJ, Striegel-Moore RH, Rosselli F, Perrin N, Wilson GT, Kramer H, Green R, Lynch FL. Recruitment for a guided self-help binge eating trial: Potential lessons for implementing programs in everyday practice settings. *Contemp Clin Trials* 2009; 30(4):326-33. PMID: PMC2765399
71. Clarke GN, Kelleher CC, Hornbrook M, **DeBar L**, Dickerson J, Gullion C. Randomized effectiveness trial of an internet, pure self-help, cognitive behavioral intervention for depression in young adults. *Cogn Behav Ther* 2009;1-13. PMID: PMC2829099

**Publications continued:**

72. Asarnow J, Emslie G, Clarke G, Wagner K, Spirito A, Vitiello B, Iyengar S, Shamseddeen W, Ritz L, Birmaher B, Ryan N, Kennard B, Mayes T, **DeBar L**, McCracken J, Strober M, Suddath R, Leonard H, Porta G, Keller M, Brent D. Treatment of SSRI-Resistant depression in adolescents: Predictors and moderators of treatment response. *J Am Acad Child Adolesc Psychiatry* 2009;48(3):330-9. PMCID: PMC2754157
73. **DeBar L**, Dickerson J, Clarke G, Stevens VJ, Ritenbaugh C, Aickin M. Using a website to build community and enhance outcomes in a group, multi-component intervention promoting healthy diet and exercise in adolescents. *J Pediatr Psychol* 2009;34(5):539-50. PMCID: PMC27722139
74. Striegel-Moore RH, Rosselli F, Perrin N, **DeBar L**, Wilson GT, May A, Kraemer HC. Gender difference in the prevalence of eating disorder symptoms. *Int J Eat Disord* 2009;42(5):471-4. PMCID: PMC2722139
75. Ritenbaugh C, Hammerschlag R, Calabrese C, Mist S, Aickin M, Sutherland E, Leben J, **DeBar LL**, Elder C, Dworkin SF. Pilot of a whole systems clinical trial of traditional Chinese medicine and naturopathic medicine for the treatment of temporomandibular disorders. *J Altern Complement Med* 2008;14(5):475-87. PMCID: PMC2756304
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92. **DeBar LL**, Clarke GN, O'Connor E, Nichols GA. Treated prevalence, incidence, and pharmacotherapy of child and adolescent mood disorders in an HMO. *Ment Health Serv Res* 2001;3(2):73-89. PubMed PMID: 12109840
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94. Ford J, Fisher P, **Larson L**. Object relations as a predictor of treatment outcome with chronic post traumatic stress disorder. *J Consult Clin Psychol* 1997;65(4):547-59.
95. Moyer AE, Rodin J, Grilo CM, Cummings NJ, **Larson L**, Rebuffe-Scrive M. Stress-induced cortisol response and fat distribution in women. *Obes Res* 1994;2(3):255-62.
96. Sieber WJ, Rodin J, **Larson L**, Ortega S, Cummings N, Levy S, Whiteside T, Herberman R. Modulation of human natural killer cell activity by exposure to uncontrollable stress. *Brain Behav Immun* 1992;6(2):1-15.

Book Chapters

1. Clarke GN, **DeBar LL**. Group cognitive behavioral group treatment for adolescent depression. In: Kazdin AE, Weisz JR, eds. *Evidence-Based Psychotherapies for Children and Adolescents* (2nd Ed). New York: Guilford Press, 2009.
2. Rodin J, **Larson L**. Social factors and the ideal body shape. In: Brownell KP, Rodin J, Wilmore JH, eds. *Eating, Body Weight, and Performance in Athletes: Disorders of Modern Society*. Philadelphia: Lea Febiger, 1991.
3. Clarke G, **DeBar LL**, Yarborough BJ. Primary prevention of secondary depression: Indirect prevention of depression in girls by treating or preventing primary obesity or insomnia. (pp.235-274) In T. Strauman, J Garber (Eds), *Preventing Depression in Adolescent Girls*. Guilford Press. (2011)

**Research Support**

Awarded / Ongoing Research Support

Patient Centered Outcomes Research Institute UOP-1609-36568	11/17-10/20 \$ 5, 699,370 (total cost)
<i>A Naturalistic Experiment Evaluating the Impact of Medicaid Policy Changes on Patient Centered Outcomes Among Patients with Chronic Back Pain (Back on Track – BoT)</i>	
Role: Principal Investigator	
National Institute of Neurological Diseases and Stroke (UH3NS088731) UH3NS088731	09/12–02/18 \$ 7,127,756 (total cost)
<i>Collaborative Care for Chronic Pain in Primary Care (PPACT)</i>	
National Institute of Neurological Diseases and Stroke (UH3NS088731)	09/12–02/18
Role: Principal Investigator	

**Research Support (continued)**

Awarded / Ongoing Research Support (continued)

National Institute of Neurological Diseases and Stroke (UH3NS088731) UH3NS088731-S1 <i>National Pain Strategy Implementation Supplement (PPACT-NPS)</i> Role: Principal Investigator	09/16–02/18 \$ 229,989 (total cost)
National Institute of Neurological Diseases and Stroke (UH3NS088731) UH3NS088731-S2 <i>Sleep Disturbances and Impact on Chronic Pain (PPACT-SLEEP)</i> Role: Principal Investigator	09/16–02/18 \$ 248,496 (total cost)
National Institute of Drug Abuse (RO1DA042124) <i>Facilitating Lower Opioid Amounts through Tapering (FLOAT)</i> Role: Co-Investigator (PI: Smith)	05/17–02/20 \$1,146,000 (total cost)
National Center for Complementary and Integrative Health (R34AT009538) <i>A Trauma-Informed Mindfulness Based Yoga Intervention for Juvenile Justice Involved Youth (TIMBY)</i> Role: Co-Investigator (PI: Owen-Smith)	09/17-08/20 \$727,442 (total cost)
National Center for Complementary and Integrative Health (UG3AT009765) <i>Implementation of a Pragmatic Trial of Whole Health Team vs. Primary Care Group Education to Promote Non-Pharmacological Strategies to Improve Pain, Functioning, and Quality of Life in Veterans (WHOLE HEALTH)</i> Role: Co-Investigator (PI: Seal)	09/17-08/19 \$1,542,751 (total cost)
National Center for Complementary and Integrative Health (UG3AT009767) <i>Cooperative Pain Education and Self-management: Expanding Treatment for Real-world Access (COPEs ExTRA)</i> Role: Co-Investigator (PI: HEAPY)	09/17-08/19 \$4,936,170 (total cost)

Past Funding

National Center for Complementary and Integrative Health R01AT005896 <i>Use of Chiropractic Care and Acupuncture for Chronic Pain Within an Integrated Health Plan (RELIEF)</i> Role: Principal Investigator	09/10-08/16 \$ 3,357,100 (total cost)
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**Research Support (continued)**

Past Funding (continued)

National Institute of Mental Health R442MH096435 <i>Noom Monitor for Binge Eating</i> Role: Principal Investigator	09/15-08/17 \$ 1,325,388 (total cost)
Food and Drug Administration HHSF223201400146C <i>Optimizing Use of Opioids Following Surgery (FLOOD - FDA Opioids and Surgery)</i> Role: Co-Investigator (PI: Smith)	09/14-09/16 \$489,987 (total cost)
Agency for Health Care Research and Quality U19HS021107 <i>The Center for Education and Research on Therapeutics (CERTs) Scientific Forum</i> Role: Co-Investigator (PI: Fortmann)	11/14-08/16 \$ 890,000 (approximate annual total cost)
Patient Centered Outcomes Research Institute Pilot Project <i>Effects of a Patient Driven Assessment Process with Complex Pain Patients (PDAP)</i> Role: Principal Investigator	06/12-12/15 \$ 609,032 (total cost)
National Center for Complementary and Integrative Health R01AT005896S <i>Integrative Care for Chronic Musculoskeletal Pain in VA Hospitals and Clinics (RELIEF-supplement)</i> Role: Principal Investigator	09/11-08/12 \$ 84,390 (total cost)
Agency for Health Care Research and Quality R01HS019912 <i>Scalable PArtnering Network for CER: Across Lifespan, Conditions, and Settings (SPAN)</i> Role: Site Principal Investigator (PI: Daley)	09/10-09/13 \$ 922,533 (total subcontract)
National Institute of Mental Health R01MH064541 <i>Prevention of Depression (TEAMS) and Prevention of Depression: Impact on the Transition to Early Adulthood (TEAMS 2)</i> Role: Co-Investigator (PI: Clarke)	02/03-12/12 \$ 3,641,762 (total cost)
National Institute of Mental Health R01MH073918 <i>Brief, Primary Care CBT for Unmedicated Depressed Youth (STAND)</i> Role: Co-Investigator (PI: Clarke)	07/06-04/12 \$ 3,055,763 (total cost)

**Research Support (continued)**

Past Funding (continued)

National Center for Complementary and Alternative Medicine R01AT003928 <i>Randomized Trial of Tapas Acupressure for Weight Loss Maintenance (LIFE)</i> Role: Co-Investigator (PI: Elder)	09/07-02/12 \$ 2,348,876 (total cost)
National Institute of Diabetes and Digestive and Kidney Diseases U01DK061230 NIDDK <i>Studies to Treat or Prevent Pediatric Type 2 Diabetes</i> Role: Co-Investigator, Chair of national social marketing working group (PI: Hirst)	03/04-02/11
National Institute of Mental Health R34MH073796 <i>Development of CBT Model for Adolescent Bulimia Nervosa (A-BEST)</i> Role: Principal Investigator	04/06-01/10 \$ 711,000 (total cost)
National Institute of Child Health and Development R01HD050931 <i>Primary Care Treatment for Overweight Adolescent Females</i> Role: Co-PI (PI: Stevens)	08/05-08/10 \$ 3,145,589 (total cost)
National Institute of Mental Health R01MH066966 <i>Effectiveness of Guided Self-Help for Binge Eating</i> Role: Site Principal Investigator (PI: Striegel-Moore)	07/03-06/09 \$ 3,310,633 (total cost)
National Institute of Mental Health R21MH064126 <i>Naturalistic Pharmacotherapy for Youth Depression (LEAP)</i> Role: Principal Investigator	04/03-03/05 \$ 316,000 (total cost)
U01 MH61869 Clarke (PI) NIMH <i>Treatment of SSRI-Resistant Depression in Adolescents (TORDIA)</i> Role: Co-investigator	09/00–08/05
R01 MH64541-01A1 Clarke (PI) NIH-NIMH <i>Prevention of Depression (POD/TEAM)</i> Role: Co- investigator	02/03–01/08
R01 HD37744 DeBar (PI) NIH-NICHD <i>Lifestyle Change to Increase Bone Density in Teen Girls (YOUTH)</i> Role: Principal Investigator	04/99–05/04

### **Selected Invited Presentations and Symposia:**

#### Invited Presentations at Juried Conferences

**DeBar LL.** Embedded trials & health services research: What can we learn at ground zero of chronic pain treatment? Invited plenary presentation at 26<sup>th</sup> Annual Scientific Meeting of the American Pain Society, Pittsburgh, PA, May 2017.

**DeBar LL.** Grappling with chronic pain: What really matters to our patients and clinicians? Invited keynote address at American Chronic Pain Association Conference, Pittsburgh, PA, May 2017.

Boyd C, **DeBar L**, Smith S. PRO's in patients with multiple chronic conditions. Invited plenary session at the 24<sup>th</sup> Annual Conference of the International Society of Quality of Life Research, Philadelphia, PA, October 2017.

Goertz C, Cowley T, **DeBar L**, Krebs E, Zgierska A, Zerzan J. Addressing the opioid crisis by improving pain management. Invited special session at the PCORI Annual Meeting, Arlington, VA, November 2017.

#### Symposia and Panel Presentations at Juried Conferences

Meyers C, Gerson J, Hickam D, Boineau R, Ferguson R, **DeBar L**, Hegearty P. What Are We Learning From Pragmatic Clinical Trials? Design, Implementation & Analytic Strategies. Symposium at 39<sup>th</sup> Annual Meeting at the Society for Clinical Trials, Portland, OR, May 2018.

Meyers C, Mor V, **DeBar L**, Simon G, & Larson EB. Embedding Pragmatic Clinical Trials in Health Care Systems: Trials & Tribulations. Symposium at the annual Academy Health Meeting, Seattle, WA, June 2018.

Bobb J, Neill D, Meyer T, & DeBar L. Statistical Challenges in the Design of a Pragmatic Trial of Primary Care-based Treatment for Opioid Use Disorders. Symposium at 3<sup>rd</sup> Annual Seattle Symposium on Health Care Data Analytics, Seattle, WA, October 2018.

Weber W, Czajkowski S, **DeBar L**, Zatzick D. Integrating patient reported data into behavioral pragmatic trials: Challenges and solutions. Panel presentation and discussion at 38<sup>th</sup> Annual Meeting and Scientific Sessions of the Society for Behavioral Medicine, San Diego, CA, March 2017.

Krebs E, Dobscha S, **DeBar L**, Stephens K, Butler M, Sondoal B. Improving community-based treatment for chronic pain: The best antidote to reversing the opioid epidemic. Panel presentation and discussion at Emerging Practices on Collaborative Care Management of Chronic Pain. Seattle, WA, June 2017.

**DeBar LL**, Elder C, Ritenbaugh C, Patterson C, Cowan C. Randomized trial of a patient-centered assessment tool for improving chronic musculoskeletal pain management in primary care. Symposia at the International Back and Neck Pain Research Forum. Oslo, Norway, September 2017.

#### Other Invited Presentations

DeBar L. Activating Patients and Promoting Lifestyle Approaches to Pain Management in Frontline Clinical Care: Lessons from Embedded Research in Integrated Health Plans and Community Health



Lynn L DeBar, PhD MPH, 12/19/17

Clinics. Invited Research Retreat on Non-Opioid Management of Chronic Pain: Developing Value-Based Models for Diagnosis and Treatment. The Banbury Center, Lloyd Harbor, New York, September 2018.

Selby J, McDonough R, Darnall B, DeBar L, Roy K, Stulberg J, Cassidy B. PCORI and AETNA organized Congressional Briefing on “Beyond Opioids: Evidence-Based Delivery of Alternative Treatments for Chronic Pain”, Washington DC, October 2018.

DeBar L. Major models and evidence for effectiveness: Integrative care. Invited presentation at National Academy of Sciences, The Role of Nonpharmacological Approaches to Pain Management: A Workshop. Washington DC, December, 2018.