**Share the Care: Assessment of**

**Behavioral Health Specialist responsibilities**

*This is an example of a planning tool, to assess the extent to which your practice coordinates with your behavioral health specialist in order to deliver high quality patient care. A behavioral health specialist can be a clinical social worker, masters-level therapist, licensed professional counselor, psychologist, psychiatric Nurse Practitioner, or a Psychiatrist.*

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Consistently** | **Sometimes** | **Never** |
| Available for warm hand-offs, meaning that the BH specialist has capacity to visit with patients with concerning symptoms, at the point that the need is identified by the primary care team. (NOT just scheduled for a future visit with the BH specialist, at the time the need is identified) |  |  |  |
| Lead group visits to help patients manage chronic pain, e.g., alternatives to opioid medication through physical activity, healthy living, or mindfulness-based stress reduction |  |  |  |
| Participate in care team huddles to review the plan for the day, share insight about patients, and/or anticipate warm hand-offs |  |  |  |
| Participate in regular meetings to review outcomes for patients who have not yet reached chronic mental health-related clinical goals (e.g., PHQ scores for depression) |  |  |  |
| Lead quality improvement efforts focused on improving behavioral health care in the practice |  |  |  |
| Participate in complex care management by providing counseling to patients |  |  |  |
| Participate in complex care management by leading team huddles or case conferences focused on the most challenging patients |  |  |  |
| Consult with the providers and care team members about care for patients with co-occurring physical and mental health conditions |  |  |  |
| Outreach to patients with chronic mental health concerns (e.g., depression) using exception reports or registries in order to conduct population management/outreach |  |  |  |
| Consult with providers and clinical staff on psychotropic medication use and dosing |  |  |  |
| Provide brief or short-term counseling for patients coping with an episodic behavioral health concern |  |  |  |
| Consult with providers on evidence-based treatment for depression, anxiety, or bi-polar disorders |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |